# Pilgrimage Asia Eco-Spiritual Tourism 8 Learning

# **LEH LADAKH - INDIA**

No of people 6 pax (as of 29 Aug), can take upto 8 pax Date 8 – 14 September 2025 (7D6N)

### **ITINERARY**

DATE	DETAIL	FOOD
D1: 8 Sept 2025 Summer Retreat Inn, Nubra	Morning pick up at Hotel in Leh Leh – Nubra – Diskit monastery- Sandune Camel Ride	(-/-/D)
D2: 9 Sept 2025 Vista Resort, Pangong	Nubra – Pangong Lake	(B/-/D)
D3: 10 Sept 2025 Kang La Chen (or similar), Leh	Pangong – Hemis monastery – Leh	(B/-/D)
<b>D4: 11 Sept 2025</b> Zimskhang, Alchi	Leh – Moon land – Lamayulu monastery – Alchi	(B/-/D)
D5: 12 Sept 2025 Kang La Chen (or similar), Leh	Alchi monastery – Sangam View Point – Himalyan Institute of Alternative Ladakh (meet Sonam Wangchuk) - Leh	(B/-/D)
D6: 13 Sept 2025 Kang La Chen (or similar), Leh	Leh – Thiksay Monastery – Shey Palace – Leh Market	(B/-/D)
D7: 14 Sept 2025	Transfer to Airport	(B/-/-)

# **PRICE**

No of Pax	Price (USD)/person	
	TEMPO	
	(8 people/bus)	
6 pax + 1 local guide	USD 630 (single supplement USD200)	

### Included:

- 6 nights accommodation (twin sharing)
- Private vehicle (Tempo)
- Breafast at hotel (6 meals) and dinner (6 meals)
- Monument and entry fee
- Road permit fee
- Oxygen cylinder
- Drinking water 1 big bottle/person/day
- English speaking guide

### **Excluded:**

- International and domestic flights
- Camel ride
- Lunch
- Travel insurance
- India visa
- Minibar, laundry, telephone, internet, etc. outside the program
- Value Added Tax 7% (if required)



- Tips for bellboy (preferably small amount in Indian Rupee)
- Tip for driver and guide USD50/person (paid in cash the last day of the trip)

## **PAYMENT AND CANCELATION TERMS**

- Payable full amount when booking
- Cancel between 1-20 August, 50% refund
- Cancel from 21 August, no refund

# IMPORTANT NOTES BEFORE TRAVELING TO LEH, LADAKH (NORTHERN INDIA)

- 1. Meals are mostly local vegetarian (VEG) Indian or Chinese style and may be repetitive (e.g. fried rice, stir-fried noodles, various soups and curries, naan, roti, Indian rice, fried or grilled chicken).
- 2. Roadside meals will often be at small local restaurants outside the city, which may lack urban-level comfort and take time to prepare.
- 3. Some meals may be delayed due to unpredictable circumstances such as traffic, landslides, vehicle breakdowns, etc.
- 4. Toilets during travel may sometimes mean using nature (behind rocks or bushes). Guests are kindly requested to not leave toilet paper in nature and instead dispose of it properly back at the hotel.
- 5. On some days, the itinerary may require early departures, with breakfast and lunch served as boxed meals for convenience and to save travel time.
- 6. Itinerary changes may occur based on road conditions, traffic congestion, or military vehicle convoys commonly seen in Leh-Ladakh.
- 7. Some hotels may not have elevators or heaters, and power outages may happen occasionally due to reliance on generators.
- 8. Please refrain from bringing pork products, as Leh is home to diverse communities including Muslims, Hindus, and Buddhists.
- 9. Altitude sickness is a risk due to high elevation. If you have pre-existing health conditions, please consult your doctor or visit a travel medicine clinic. Diamox may be taken and adjusted based on symptoms in Leh. Side effects may include dry mouth and frequent urination.

### **CONTACT**

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