

Food Fun Friends: Forest Survival Hike
Nan, Thailand
20-22 March 2026



Pilgrimage Asia
 Eco-Spiritual Tourism & Learning

Pack only rice; we'll forage our dinner in the forest!

Highlights:

- Hiking and overnight stay in a lush community forest in northern Thailand
- Learning about the local community's sustainable way of life
- Camping at Doi Samer Dao in a National Park under the starlit sky
- Admiring Nan's temple architecture and the renowned mural painting "The Lover Whisper"

Day 1		Arrival, Nan Heritage & Stargazing	Overnight
AM	Airport or bus station pick up	 <p>Visit Wat Phumin to admire the famous mural painting "The Lover Whisper". Marvel at the intricately carved doors crafted from a single piece of 10.16-centimeter thick golden teak. The floral patterns of vines, flowers, and leaves exemplify the exquisite craftsmanship of Nan's artisans.</p> <p>Lunch: northern style noodle</p>	<p>Camping at Doi Samer Dao (Sri Nan National Park)</p> <p>Provided:</p> <ul style="list-style-type: none"> • Tent (twin sharing) • Sleeping pad • Sleeping bag • Pillow <p>Facilities:</p> <ul style="list-style-type: none"> • Shower/Toilet • Restaurant • Electricity
PM	Head to Na Noi District	<p>Explore Chetawan Cave Buddhist Temple, a serene and sacred site that reflects the villagers' deep reverence for Buddhism. Nestled in a picturesque natural setting, it offers tranquility and shade. Kruba Noi, who became a novice at the age of 12 and undertook pilgrimages across various provinces, established the Chetawan Cave Buddhist Sanctuary in 2012-2013.</p> 	
		 <p>Doi Samer Dao is situated within Sri Nan National Park. Once arrived, we can leisurely hike to Pha Hua Singh offers a panoramic 360-degree view (optional). Later, we'll sleep under the starry night sky.</p> <p>Dinner: Enjoy pork BBQ or other dishes at the National Park restaurant</p>	

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Day 2 Forest Survival & Community Learning

All day



Watching sunrise amidst a sea of fog. Having slow breakfast at the national park, then packing and heading to **Ban Nam Lat** for forest hike preparation.



Overnight

Camping at **Mon Hak Hill** (Ban Nam Lat)

Provided:

- Tent (twin sharing)
- Sleeping pad
- Sleeping bag
- Pillow

Facilities:

- Shower/Toilet
- Rest hut
- NO electricity

After sorting out what to bring, we begin our hike into the forest with local villagers as our guides. They'll teach us how to forage edible items from streams and trees, identify edible plants, and even spot underground animals. We'll have a packed lunch halfway through our journey.

In the late afternoon, we reach **Mon Hak Hill**, a serene camping site atop a shaded hill with basic amenities (tents, toilets, showers, no electricity). Here, you'll join local guides in preparing a meal using natural ingredients before gathering around the bonfire for songs and stories.



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Day 3 Organic Farm & (optional) Night Market	Overnight
<p>AM</p> <div data-bbox="207 369 747 709"></div> <div data-bbox="760 369 1279 709"></div> <p>After slow breakfast, we opt a truck ride through the forest back to the village. We'll enjoy lunch at an organic farm, where you can also purchase fresh seasonal fruits and vegetables.</p> <p>PM</p> <p>Transfer to Nan City. Drop off at Nan Airport or Bus Station. End of the trip.</p> <p>Optional: If you decided to stay longer, you can enjoy Nan's Walking Street Night Market with food, handicraft, and local performances.</p>	<p>Departure</p> <p>Or stay longer by yourself</p>

Price: 9,900 Baht/person (9,000 Baht each for 2 people booking together)

Included:

- All local transportation within Nan
- All meals listed in the program + drinking water refills
- 2 nights accommodation
- All entrance fees
- Local guide fees
- Basic first aid kit and group insurance

Excluded:

- Travel to/from Nan (flights, buses, etc.)
- Personal items, snacks, medication, water bottle, etc.
- Tips for local guides

Preparation Notes

- Suitable for participants able to walk up to 4 hours on uneven terrain
- Vegetarian options are limited
- Accommodations are basic and twin-sharing

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BOOKING & PAYMENT TERMS

- Trip fee: **9,900 THB per person**
- A **50% deposit** is required to confirm your booking
- The remaining balance must be paid at least **30 days** before departure

CANCELLATION & REFUND POLICY

- Cancellation **30 days or more** before departure: **full refund**
- Cancellation less than **30 days** before departure or **no-show**: **no refund**
- If the organizer must cancel the trip due to force majeure—such as severe weather, political instability, or safety concerns: a full refund will be provided, or you may choose to transfer your booking to a future trip

Please transfer a 50% deposit to:

Bank: Krungthai
Account Name: Pilgrimage Asia Co., Ltd.
Account Number: 159-0-12795-1
Type: Savings
Branch: Fueng Nakhon Road, Bangkok
SWIFT Code: KRTHTHBK

Email your payment slip to info@pilgrimageasia.com

*🌿 This is an experiential eco-learning journey,
emphasizing simplicity, flexibility, and respect for local ways of life 🌿*

