



## Adaman Sea Yatra

### *Ocean Soul: Alivelihood of Southern Thailand*

#### **Ranong, Phang Nga, Phuket, & Krabi**

Thursday, February 19 - Wednesday, February 25, 2026

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#### **What is a Yatra?**

A yatra is, at its heart, a spiritual pilgrimage — a way of travelling that asks you to slow down and move with awareness. Rooted in ancient traditions, it values time in nature, simple encounters, and presence over rushing from place to place.

In this Andaman Sea Yatra, you travel through islands and coastal communities, combining time in nature with hands-on learning and cultural exchange. The journey offers space for reflection, community connection, and a deeper understanding of how people live in relationship with the ocean.

## MEET THE TEAM

### **WANSIRI RONGRONGMUANG (TOPSI)**

*an environmental activist and diving instructor with deep roots in the Andaman Sea, Tpsi brings her passion for eco-spiritual journeys to life as the lead organizer at Pilgrimage Asia. Tpsi's profound love for the ocean shapes her work in creating learning spaces that foster connection and sustainability.*

*Through diving, meditation, and community engagement, she inspires others to honor and protect the sea and all it supports.*



### **PETRA CARMAN**

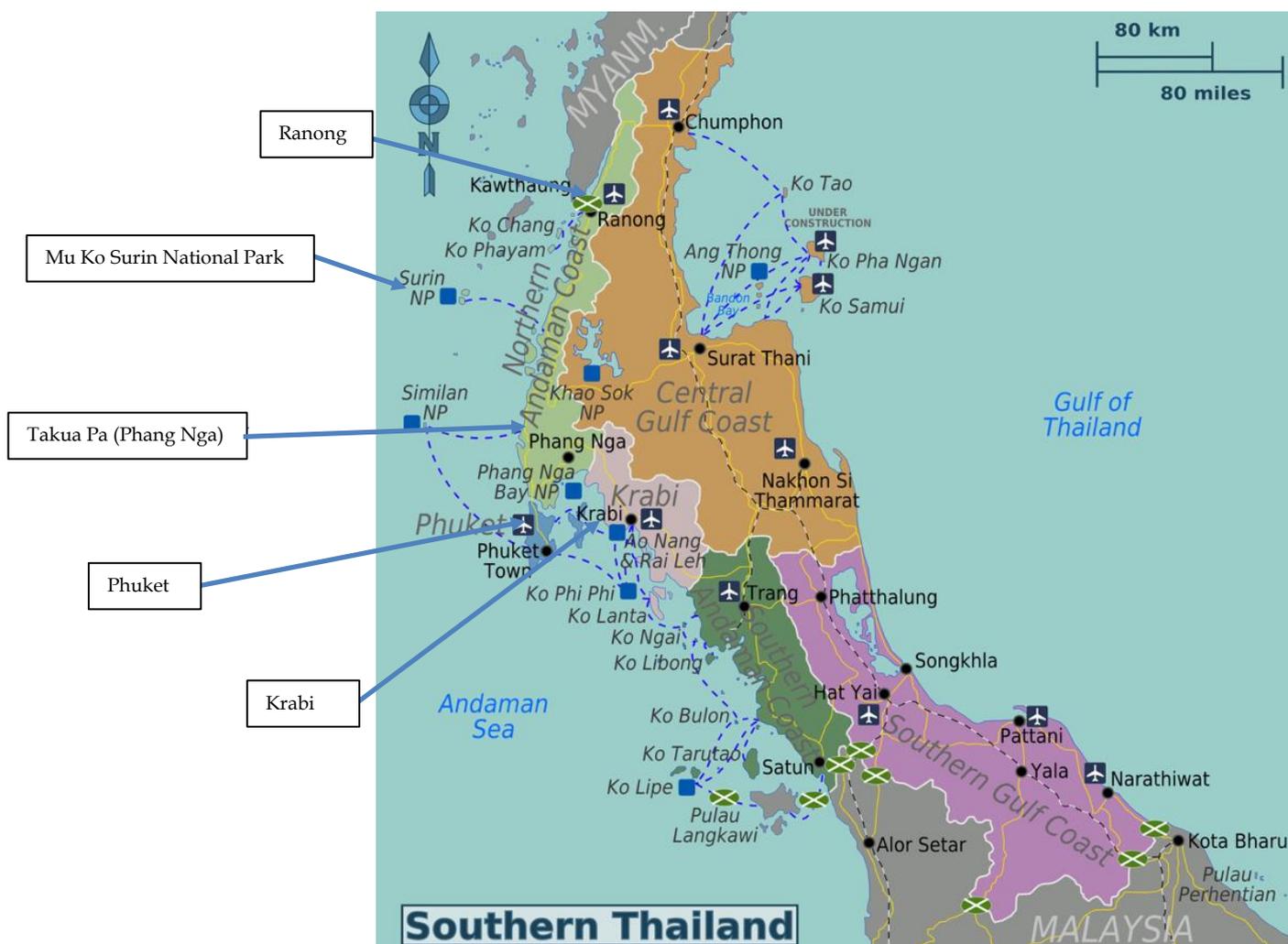
*Petra combines her background in social psychology with an embodied approach to personal growth and connection to nature. Known for her gentle yet transformative facilitation style, she brings years of experience guiding mindful journeys in Thailand. Petra's practice weaves meditation, movement, and group connection, inviting participants to explore themselves and the natural world on a deeper level.*





### Highlights of the Journey:

- Begin in Ranong with rainforest hot springs and a slow arrival into coastal life
- Snorkel in the crystal-clear waters of Mu Ko Surin National Park
- Take part in a gratitude ceremony by the sea
- Visit a Moken sea gypsy village and learn about traditional ocean livelihoods
- Join a hands-on batik painting workshop inspired by coastal life
- Stay with a local family on Koh Klang and explore village-based conservation
- Learn about mangrove ecosystems and community climate solutions





Program	Meals	Stay
<p><b>Day 1 — Thursday, 19 February 2026</b></p> <p>Arrive in Ranong — a peaceful coastal town surrounded by misty mountains and rainforest. Explore the local market and old town before relaxing in natural hot springs.</p> <p><b>AM:</b> Pick-up from Ranong Airport or bus terminal; fresh market visit; old town exploration; lunch at your own choice  <b>PM:</b> Visit 100 Years Thein Suek House; hotel check-in; hot spring soak; group dinner</p>	-/-/D	<p>Ranong</p> <p>Riverside resort within walking distance of the hot springs</p>
<p><b>Day 2 — Friday, 20 February 2026</b></p> <p>Travel to Khuraburi and take a speedboat to Mu Ko Surin National Park. Settle into a beachside tented camp and open the journey with a welcoming circle. End the day with a sunset walk along the shore.</p> <p><b>AM:</b> Depart 6:00 AM to Khuraburi (approx. 2 hrs); speedboat at 9:00 AM; arrival at Surin Islands (approx. 1 hr)  <b>PM:</b> Opening circle &amp; gratitude ceremony; sunset beach hike; reflection circle</p>	B/L/D	<p>Mai Ngam Beach (Mu Ko Surin NP)</p> <p>Beachside camping tents (twin-sharing)</p>
<p><b>Day 3 — Saturday, 21 February 2026</b></p> <p>Begin with sunrise meditation and gentle yoga. Spend the day snorkeling among vibrant coral reefs and marine life.</p> <p><b>AM &amp; PM:</b> Snorkeling excursions around the islands</p>	B/L/D	<p>Mai Ngam Beach</p> <p>Beachside camping tents</p>
<p><b>Day 4 — Sunday, 22 February 2026</b></p> <p>Visit a Moken sea gypsy village to learn about traditional seafaring life and how communities have adapted over time. Travel south to Takua Pa and enjoy the lively old-town night market.</p> <p><b>AM:</b> Visit Moken village  <b>PM:</b> Depart Surin Islands; travel to Takua Pa (approx. 1.5 hrs); walking street night market; dinner at your own pace</p>	B/L/-	<p>Takua Pa (Phang Nga)</p> <p>Hotel in old town walking distance of the night market</p>
<p><b>Day 5 — Monday, 23 February 2026</b></p> <p>Travel to Phuket for a hands-on batik painting workshop inspired by coastal patterns. Visit a quiet local beach before heading to Koh Klang for a homestay experience and storytelling session with a community conservation leader.</p> <p><b>AM:</b> Travel to Phuket (approx. 2 hrs); batik workshop; beach visit; village lunch  <b>PM:</b> Travel to Koh Klang (approx. 3 hrs); community storytelling session</p>	B/L/D	<p>Koh Klang (Krabi)</p> <p>Homestay (shared sleeping space and bathroom)</p>



Program	Meals	Stay
<b>Day 6 — Tuesday, 24 February 2026</b>  Visit community-based OTOP (One Tambon One Product) projects where villagers practice everyday crafts and livelihoods. Continue with a hands-on mangrove classroom experience focused on coastal ecosystems and local stewardship.  <b>AM &amp; PM:</b> Village visits and mangrove learning experience	B/L/D	Koh Klang  Homestay
<b>Day 7 — Wednesday, 25 February 2026</b>  Enjoy a relaxed breakfast before transferring to Krabi Town for onward travel.	B/-/-	-

**Price: 35,500 Baht/person**

**Early bird special 32,500 Baht/person (booked by 15 February)**

#### Included:

- Six nights accommodation (hotel, tented camp, homestay)
- Meals as specified
- All transportation during the yatra (including airport/bus transfers)
- All activities and entry fees
- Travel insurance

#### Excluded:

- Travel to Ranong and from Krabi
- Personal expenses and souvenirs
- Additional meals or drinks not listed
- Optional tips or gifts for facilitators, drivers, and local hosts

*Facilitation operates on a gift culture basis, meaning contributions are offered according to the value you feel the journey brings. Typical contributions vary, and there is no fixed expectation.*

#### Booking & Cancellation

- Full payment is required to confirm the booking.
- Bookings confirmed upon receipt of payment proof.
- Cancellation less than 15 days before departure or no-show: no refund
- Organizer cancellation (weather or safety): full refund or transfer to future trip

#### What to Bring

- Lightweight tropical clothing
- Comfortable walking shoes & sandals
- Swimwear
- Beach towel & optional snorkel set (rental available)
- Headlamp or flashlight
- Mosquito repellent
- Toiletries & personal medication
- Reusable water bottle & eco-friendly sunscreen
- Small cloth bag or waterproof pouch
- Optional waterproof camera



### Useful Information & Additional Details

- **A Learning Yatra** This is a learning journey, not a conventional tour. We invite you to travel with an open heart, curiosity, and flexibility as you encounter different places, cultures, and ways of living.
- **Facilitated Journey** The yatra is gently facilitated. Activities, sharing circles, and reflections are always optional, yet deeper engagement often leads to richer learning and connection.
- **Accommodation Styles** You will stay in a range of accommodations, from resorts and hotels to tented camps and community homestays, some of which may be simpler, with shared rooms or bathrooms and fewer conveniences.
- **Safety First** Your safety matters most. Please stay with the group, inform facilitators before going off-track, and follow local and group guidance to ensure a supportive experience for all.
- **Program Flexibility** The program may be adjusted due to weather conditions, local circumstances, or other factors beyond our control. Any changes will be made with care and in the best interest of the group.

### Pilgrimage Asia's Green Policy

This Andaman Sea Yatra is guided by care for the environment and respect for the communities we visit. We ask all participants to travel mindfully and help reduce our collective impact along the way.

- **Reduce Single-Use Plastic**  
Please bring a reusable water bottle, bag, and personal toiletries. We aim to minimize single-use plastics throughout the journey.
- **Respect Nature & Wildlife**  
Do not touch, collect, or disturb corals, marine life, plants, or animals. Follow guidance from facilitators and local hosts, especially in protected areas and marine parks.
- **Leave No Trace**  
Carry your own waste when facilities are limited. Leave natural and community spaces as you found them — or better.
- **Mindful Use of Resources**  
Water and electricity may be limited in island and community settings. Please use them thoughtfully, especially during showers and charging devices.
- **Support Local & Ethical Practices**  
We prioritize local food, community enterprises, and ethical OTOP initiatives. Please avoid purchasing products made from endangered species or environmentally harmful materials.
- **Cultural & Community Respect**  
Ask for permission before taking photos of people or private spaces. Dress respectfully, especially in villages, mosques, and community areas.
- **Shared Responsibility**  
This yatra is a collective effort. Small daily choices — how we consume, move, and interact — shape the overall impact of the journey.

## Contact

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