

## Sacred Slovenia: A Pilgrimage of Nature and Myth

**Dates:** 1–10 June 2026

**Participants:** 7 + 1 Slovenian leader

**Countries:** Slovenia & Croatia

**Themes:** Eco-spirituality, mindful travel, community living, nature connection

Program	Meal
<p><b>Day 1 – Arrival in Ljubljana: Setting Intention</b></p> <ul style="list-style-type: none"> <li>– Arrive in <b>Ljubljana</b>, capital of Slovenia (airport pickup and transfer to hotel).</li> <li>– Gentle evening orientation walk along the <b>Ljubljanica River</b> and old town bridges.</li> <li>– Opening circle: introductions, overview of the journey, and setting collective intentions.</li> <li>– Dinner at a local restaurant.</li> </ul> <p><b>Stay:</b> Ljubljana</p>	- / - / -
<p><b>Day 2 – Story of a Green Capital</b></p> <ul style="list-style-type: none"> <li>– Morning exploration of Ljubljana’s eco-history and design: <ul style="list-style-type: none"> <li>○ <b>Ljubljana Castle</b></li> <li>○ <b>Old Town &amp; Prešeren Square</b></li> <li>○ <b>Dragon Bridge, Central Market, Trnovo</b> district</li> </ul> </li> <li>– Lunch at a <b>farm-to-table café</b></li> <li>– Afternoon visit to <b>Metelkova Art Center</b> – a community-run creative and activist space</li> <li>– Evening reflection on “What makes a green city truly alive?”</li> </ul> <p><b>Stay:</b> Ljubljana</p>	- / - / -
<p><b>Day 3 – Okrog &amp; Menina Planina: Living with the Mountain</b></p> <ul style="list-style-type: none"> <li>– Drive toward <b>Okrog pri Motniku</b> (1 hr)</li> <li>– <b>Stop by the Vrtački pri Kozolcu (Podutik) allotment garden</b> – a living example of creative local entrepreneurship and green hospitality</li> <li>– Continue to <b>Petra’s hut</b> in Okrog</li> <li>– <b>Herbal tea workshop</b> and introduction to <b>local herbal traditions</b> with Petra</li> <li>– Gentle forest walk on <b>Menina Planina (mountain plateau)</b></li> <li>– Discussion: Healing plants, self-sufficiency, and Slovenian mountain spirituality</li> </ul> <p><b>Stay:</b> Petra’s hut (simple rustic accommodation, communal dinner)</p>	- / - / D
<p><b>Day 4 – Village Life &amp; Local Enterprise</b></p> <ul style="list-style-type: none"> <li>– Visit a <b>family farmstay Turistična kmetija Pod Kostanji</b> to learn about local eco-agriculture and small business resilience</li> <li>– Lunch featuring local produce</li> <li>– Visit the <b>Beer Fountain in Žalec</b> — a unique community project celebrating local brewing</li> <li>– Evening sharing by the fireplace on community economy and slow living</li> </ul> <p><b>Stay:</b> Petra’s hut</p>	- / - / -

Program	Meal
<p><b>Day 5 – Kamnik &amp; Journey to the Lakes</b></p> <ul style="list-style-type: none"> <li>– Visit <b>Kamnik Little Castle (Mali Grad)</b> and walk through the medieval town</li> <li>– Afternoon drive to <b>Bled</b> (1.5 hrs)</li> <li>– Evening stroll around <b>Lake Bled</b>, known for its serene island church and castle views</li> </ul> <p><b>Stay:</b> Bled</p>	- / - / -
<p><b>Day 6 – Bled &amp; Triglav National Park</b></p> <ul style="list-style-type: none"> <li>– Morning: visit <b>Bled Castle</b> and <b>Bled Island</b> (optional rowing).</li> <li>– Afternoon: explore <b>Triglav National Park</b>, Slovenia’s only national park</li> <li>– Hike up to <b>Ojstrica/ Mala Ojstrica</b> for the best views</li> <li>– OR go to <b>Lake Bohinj</b> for swimming</li> <li>– Reflection circle at the lake: nature as teacher</li> </ul> <p><b>Stay:</b> Bled</p>	- / - / -
<p><b>Day 7 – Underground &amp; Coastal Mysteries</b></p> <ul style="list-style-type: none"> <li>– Morning transfer to <b>Postojna</b> (1.5-2 hrs). Visit the <b>Postojna Cave</b> and <b>Predjama Castle</b>, dramatically built into a cliff</li> <li>– Afternoon continue to <b>Piran</b> on the Adriatic coast (1.5 hrs)</li> <li>– Evening walk through the Venetian-style old town and seaside meditation at sunset</li> </ul> <p><b>Stay:</b> Piran</p>	- / - / -
<p><b>Day 8 – Cross into Croatia: Peroj</b></p> <ul style="list-style-type: none"> <li>– Morning: visit the <b>salt pans of Sečovlje Nature Park</b> – learn about traditional salt harvesting and wetland ecology.</li> <li>– Cross border to Croatia (~2 hrs) and stop in <b>Pula</b></li> <li>– Arrive in <b>Peroj</b>, a small Istrian coastal village</li> <li>– Settle into local hotel, enjoy the sea breeze and slow rhythm of Istrian life</li> </ul> <p><b>Stay:</b> Peroj</p>	- / - / -
<p><b>Day 9 – Istrian Coast: Sea &amp; Silence</b></p> <ul style="list-style-type: none"> <li>– Excursion to <b>Premantura</b>, southern tip of Istria peninsula (Cape Kamenjak)</li> <li>– Swim, meditate, or simply rest by the turquoise sea and limestone cliffs</li> <li>– Closing reflection on the journey and gratitude circle by the sea</li> </ul> <p><b>Stay:</b> Peroj</p>	- / - / -
<p><b>Day 10 – Return to Ljubljana</b></p> <ul style="list-style-type: none"> <li>– Drive back to Ljubljana (3–3.5 hrs)</li> <li>– Final lunch together at a farm restaurant, sharing reflections and parting blessings</li> <li>– End of program / airport transfers</li> </ul>	- / - / -

**Fee: 70,000 Baht/person | no single occupancy**

## Included

- Private vehicle throughout the journey in Slovenia & Croatia (10 days), including gasoline, parking, and toll fees
- All entrance and activity fees as stated in the program
- Facilitation and guidance by Slovenian leader, including all group processes and reflection sessions
- Accommodation for 9 nights in carefully selected places (group sharing basis): local guesthouses, farmstays, and Airbnb-style homes
- Travel insurance covering the duration of the program
- Airport pick-up and drop-off in Ljubljana
- One welcome dinner at Petra's hut (Day 3)

## Excluded

- International flights to/from Slovenia
- Visa fees (if applicable)
- Meals (except the first communal dinner at Petra's hut)
- Personal expenses (laundry, beverages, souvenirs, etc.)
- Optional activities (e.g. rowing to Bled Island or additional personal excursions)
- Single room supplement (not available for this program)
- Any costs arising from unforeseen circumstances (e.g. flight delays, weather conditions, or personal emergencies)

## Booking & Payment

- A **25% deposit** is required to secure your place in the program
- The **remaining balance must be paid at least 45 days prior to departure**
- Your booking will be confirmed once the deposit payment is received
- Due to the small group size, we recommend early reservation to secure your spot

Please transfer a 25% deposit to:

Bank:	Krungthai
Account Name:	Pilgrimage Asia Co., Ltd.
Account Number:	159-0-12795-1
Type:	Savings
Branch:	Fueng Nakhon Road, Bangkok
SWIFT Code:	KRTHTHBK

Email your payment slip to [info@pilgrimageasia.com](mailto:info@pilgrimageasia.com).




## Cancellation Policy

- The **deposit is non-refundable**
- **60 days or more before departure:** Full refund (excluding deposit)
- **30–60 days before departure:** 50% refund of the total program fee
- **Less than 30 days before departure:** No refund

In the case of **unexpected or force majeure circumstances** (such as natural disasters, political unrest, or situations beyond control), a **full refund will be provided**

## CONTACT US

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